

Person Centered Plan

KA

4/28/15



Who is here today? (bold are here, other team members listed too...)

- **Kevin**
- **Scott, Aaron, Gwen, Linda** – Access Living
- **Marcy** – mother, lives in Lynden
- **Katie, Nate, Melissa** – Service Alternatives
- **Leslie** - DDA
- **Darcy** - DVR
- **Jim** – WISE
- **Val** – Conscious Moves

My Relationships and Community

Family/Home:

- Marcy is Kevin's mother and is very close to him
- Kevin lives in Bellingham supported by Access Living. He is doing a great job adjusting to his new home and creating his new life!

Brief Live/Work History

- Lived in Cour D'Alene for a while with his family and Oregon
- Lived at Fircrest from 2009-2014. At Fircrest, he refurbished remote controls, put together packets, etc.
- He moved to Bellingham on November 10, 2014, supported by Access Living
- At a recent DVR-Funded CBA supported by Service Alternatives he dismantled electronics at a computer store as a Community Based Assessment (DVR-funded). Staff set up a station, set out tools, showed him work. He sorted pieces, dismantled, even used a magnet to get small screws out. Needed help "starting" small screws. He now does this once a week as a volunteer job supported by Access Living.

Skills, Talents, Strengths and Abilities

- Kevin is Creative:
 - He loves arts and crafts and going out to buy art materials
 - He fills plastic bottles with pipe cleaners he makes into spirals, glitter, and paper, and when you shake them they shimmer. He likes to hang them in the trees outside his window in the sunshine – they are beautiful!
 - When there weren't pipe cleaners at the Dollar Store for two visits, Kevin was patient and got them on the 3rd visit
 - He Likes getting out arts and crafts books and trying new things
 - He makes tubes/Roman candles
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- Kevin is physical:
 - Marcy and her husband always thought he'd be good at a berry farm filling and moving boxes
 - Loves going to the park, using exercise machines, running and being active
 - Strong and loves to move things like boxes, enjoys heavy lifting. At home he likes to organize boxes
 - Physical work makes Kevin happy
 - Very good swimmer

Skills, Talents, Strengths and Abilities

- Kevin is a very smart man:
 - Reads and writes
 - Answers questions, especially once he's built a relationship with you. If he really means it will say, "Yes," and look you directly in the eyes
 - Loves to make lists
 - Is very thorough
 - Knows how to use computers and the internet to search for things
 - Once Kevin learns something, he will know it forever
 - Has a GREAT memory for a lot of things
 - Loves to organize
 - Really good at sorting
 - If he gets stuck he will ask for help
 - He has mental map of the roads he's been on and is great with directions
 - Writes his own shopping lists
 - Loves the iPad
 - Is making big improvements in communication and use of words
 - Recently going to library and working on the computer, was able to scan card, read printout and find the number of the computer assigned. Goes online, searches, interested in the world, maps, looking at pictures of places, outlet malls too (used to go there on a weekly basis at Fircrest).
 - Learned to use the library catalogue search engine
 - Is understanding budgeting/prioritizing purchases!
 - Prepares meals and doesn't need prompts like he used to
 - Planted strawberries and other things – got the garden going
 - Loves searching Youtube for music
 - Has a screech that can be a laugh or unhappy, you figure out with Kevin which it is
 - Each week is gaining independence and asking staff not to help

Other Work Skills:

- Good at assembly/disassembly, fine motor skills, hand-eye coordination, but has difficulty with things that are too small, e.g. tiny screws – needs help getting them started, learned on his own to use a magnet to help get them out
- Can vacuum, dust, clean, likes taking out garbage, changing bags
- Idea: Send him for supplies or parts, can retrieve and/or return
- With cuing and monitoring, could do anything
- Can make sandwiches, spaghetti
- Good with kids
- Does laundry without supervision, sets dials, and is good at folding clothes

Interests/motivations:

- Arts and crafts
- Likes airplanes and anything that flies including bugs. Loves bugs. Has a bug ring
- Loves to be active and go for rides
- Loves spending money
- Loves Fourth of July – favorite day of the year
- Loves fruits and veggies
- Really enjoys going to Out of the Ashes – a regular get together to play instruments
- Plays music and loves dancing
- Loves fireworks, shopping, YMCA, Michaels
- Loves looking at far away places - went to Hawaii

What Works for Me

- Ideal Work Situation: 4-5 days per week, 2 2-hr shifts/day
- INSIDE work preferred he said
- Cars? “Yes” with direct eye contact
- Has a bus pass, could use once he’s used to it and schedule is routine (but not city bus)
- Needs to feel productive – needs a job
- Need to remind to take bathroom breaks – forgets
- Strangers could frustrate him
- If there’s a meeting, can get up early, so mornings ok
- Being able to start a task and finish it
- Provide note pad – he likes to write
- Pineapples a favorite – likes people who brings them
- Be clear what is work/when not work and breaks
- Make sure he has money on outings, money motivates
- Needs structure, calendar, daily tasks, predictability - use a list and keep it consistent
- Use lists, encourage him to make his own lists - best learning tool
- If you ask a complex question, you will get a “Yes.” To get more reliable answers, simplify, write it down, or put physical choices in front of him. Getting an iPad should help.
- Can be overwhelmed by sensory input – reduce words, be aware of what is overwhelming him, and help reduce those things (including what you do yourself, e.g. words, actions, etc.)
- To avoid frustration, do not rush him. Let him problem solve by giving him time. He is getting much better at learning without needing a lot of instruction.
- At home likes to have tv and radio on at the same time. Likes to listen to radio
- Finding an employer who is ok with 1x1 support to start
- Not having a lot of people around (e.g. on the retail floor of an art store). Back rooms might be best. Inside work is best, where he can focus. Being flexible as he learns.
- Having a “station” where he assembles/packages – could help him but not necessary best to have a work station – feels safe
- Learning tasks step by step, consistency important from the beginning. SA uses their iPad with him and the First...Then app. Use SA iPad First...Then app on his own iPad
- Redirect – sometimes is happy laughing and then has low mood swings, is able to change if redirected by an activity that is going on – lights back up
- Work Autonomy App – could do worksite analysis, track progress with Val, video resume, Marsha iPads, and training for staff to use the same apps at home and work

Ideas

- Goals:
 - Get an iPad for communication
 - Get a job and a career plan
 - Join the YMCA
 - Join Special Olympics
 - Go on trips to the fair
 - Go visit friends at Fircrest
- Car lots and parts departments – part stocker/runner, driver assistant, loader/unloader, anything sequential. Safety rules.
- Val has contacts in especially car industry
- Video resume could help with Job Development, making an iMovie like taught in Marsha T's class
- Ideas: stocking, organizing, cleaning, moving things, retrieve/returns
- Craft store stocking at a Michaels or Joannes
- Putting together/stocking carts or closets which have to be stocked with items
- Doing laundry and folding
- Blair's Repairs might be a good place to try work
- Could do customer service – showing people where things are but would have to try first
- Fred Meyer – carts and go-backs
- Dollar Store - probably NOT, people seem unhappy there, even though he loves going there
- WINCO huge – packaging/unpackaging
- Whole Foods
- New Grocery Outlet in Ferndale (bus goes right by there)
- Health Techna, now Zodiac, **which makes airplane interiors**
- Berry farm lifting boxes
- Best Buy stocking
- Signs by Tomorrow – computer, creative, cut vinyl, wrap cars (Val has contact)
- Scott knows a guy at Threshold Graphics, a print shop, boxing documents
- Nearby: solar panels facility
- Brambleberry – Scott's girlfriend works there, and they hire supported employees

Resources

- Getting an iPad through the Rehab Center. Will be trained on it with a Speech Therapist and apps.
- Access Living supports him at his volunteer work site. IS DOING A GREAT JOB!
- Getting an iPad through the Rehab Center. Will be trained on it with a Speech Therapist and apps.
- CSA starts June 1 for SA to use County funding for Discovery
- DVR case open, could stay open or reopen depending on when Job Development starts
- Val Morgan for ideas and contacts

Next Steps

1. DVR can reopen case once has tried some different environments and jobs and has a clear job goal – by: When Appropriate
2. Create new assessment sites - Jim write contract with Val to work with Service Alternatives to identify and approach businesses in Bellingham for informational interviews. Use this information as the basis for plan progress
3. Access Living continue your great work on: iPad, YMCA, Special Olympics, trips to the fair, trip to Fircrest
4. Let's get Kevin a job he loves in 2015!